

# Save The Date!

## District Events

**September 22<sup>nd</sup> – 24<sup>th</sup>**  
**Sober Women's Weekend**  
Pilgrim Firs Camp & Conference Center  
Port Orchard, WA  
Go to [district55aa.com](http://district55aa.com) for details.

**November 4<sup>th</sup>**  
**Gratitude Banquet, 6:00pm**  
Sequim Boys and Girls Club  
400 West Fir Street, Sequim  
Go to [district55aa.com](http://district55aa.com) for details.

**December 25<sup>th</sup>, noon**  
**December 31<sup>st</sup> – January 1<sup>st</sup>**  
**Christmas Lunch and Alcathon**  
American Legion  
107 East Prairie Street, Sequim  
Go to [district55aa.com](http://district55aa.com) for details.

**Area Events**  
See <https://area72aa.org/events/>

**AA World Services**  
[http://www.aa.org/pages/en\\_US/index](http://www.aa.org/pages/en_US/index)

**District 55 Open Service Positions**  
Panel 67

Alternate Treasurer  
Alternate Secretary  
Corrections Volunteers

### Motions for Area 72 Assembly

#### **Motion #1**

“Move that Western Washington Area 72 of Alcoholics Anonymous replace the April Business Quarterly with an Area Assembly.”

#### **Motion #2:**

“Move to amend motion 06.3 to read: Area elected and appointed trusted servants, steering committee members, and the Corrections Bridge and Literature coordinators will be reimbursed for travel costs required in the performance of the responsibility of their position. Said reimbursements to cover costs (mileage, travel fees, lodging, and meals).”

#### **Motion #3:**

“Move that the web steering committee consist of Appointed Area Webmaster, Appointed Area Public Information Chair, Appointed Area Web Chair, Past Delegate, and at least two additional volunteers.”

#### **Motion #4:**

“Create a New Area Appointed Officer Position and Steering Committee for Language Translation and Interpretation.”  
*Please see full version of this motion at*

<https://area72aa.org/events/>

#### **Motion #5:**

“We move to amend motion 09.1 as follows: Approved requests for interpretation and/or translation at the three Area Quarterlies and the annual Area Assembly be funded by the Area treasury.”

#### **Motion #6**

“We move that the Treatment Committee Credit Line be \$550.00 and 25 Grapevine subscriptions per year.”

#### **Motion #7:**

“Move to authorize Area Sound System Servant to spend up to \$5,000 to purchase new or upgrade current equipment.”

# District 55 Newsletter

3rd Quarter 2017  
[district55aa.com](http://district55aa.com)

### Area News and Important Dates

The **Area 72 Assembly** will be held **October 6-8 in Shelton, WA**. This is the annual meeting of all Area 72's General Service Representatives along with the elected and appointed Area Officers, Past Delegates, and other interested A.A. members. Everyone is welcome to attend. The weekend event includes presentations on a wide variety of A.A. topics, sharing from General Service Representatives, a chance to ask questions, a business meeting featuring reports about the activities of service committees and discussions of topics and motions affecting the Area, Districts, and groups in Area 72. There will also be two A.A. speakers. For more information, ask your group's General Service Representative or go to;

<https://area72aa.org/events/>

*Barbara M., Past Delegate*

### **AA in Houston**

The **Houston Intergroup** office was spared significant damage from Harvey. However, many of the 500+ groups in the greater Houston area weren't so fortunate. Houston Intergroup is setting up a distribution center to coordinate help and replacement literature for those groups and members who lost A.A. material in the flooding.

Please send extra Big Books, 12&12's or monetary donations to

HARVEY  
Houston Intergroup  
4140 Directors Row  
Suite D  
Houston, TX 77092

Monetary donations can also be made through PayPal at  
<http://www.aahouston.org/index.php>

Do you have AA related news that should be published next quarter? Please e-mail articles to [dist.55.news@gmail.com](mailto:dist.55.news@gmail.com)

## **District 55 Archives**

What does "archives" really mean? Why is the idea important? What does an Archivist for District 55 do? These are all good questions that I will try to answer in this short article.

An archive is an accumulation of historical records, that may contain primary source documents that have accumulated over the course of an organization's lifetime, that are kept to show the organization's function and to preserve its history. In District 55, the archive consists of more than two very large closed tubs of books, articles such as a photocopy of the famous article in life magazine that introduced Alcoholics Anonymous to the world for the first time, memorabilia, and pictures of un-named old timers. There is a first edition big book, copy of the original manuscript for the same, and many black and white pictures of the Founders. Many pictures of district events are found in archival picture albums.

At an Area Archives quarterly, the Area 72 Archivist talked about obtaining group histories for our district. There are many groups that have been operating for thirty years or more, and we have no formal histories of them. If any group is interested in researching and documenting their group history, I have forms and guidelines to help. It would be helpful to future groups to have a compilation of how groups formed in the past, and how they stayed viable so long. Our history is important.

Another project that has been on my heart for some time is compiling a "Memory Book" of our compatriots that have passed on, leaving a rich legacy to those that remember them. I brought this up at a district meeting last year and was rebutted with questions regarding anonymity and family permissions, etc. and did not pursue the matter further at that time. I would love to have input from members regarding their thoughts on a Memory Book. Many other districts have these, to remember those that carried the message when we got here.

The work as an Archivist for District 55 can be simple or it can be challenging depending on the effort put into it. It is really more than just dragging out the historical material for viewing at Founder's Day and Gratitude Dinner. At this years

Founder's Day, talking with Sally C., I admitted that I was really a poor archivist. She replied, "whenever someone gets really good at one of these jobs, they probably aren't qualified for it anymore." Somehow, I take comfort in that thought.

*Christine S., Archivist*

## **How AA Has Changed My Life**

Remember the girl who came in four years ago? She wouldn't talk or even say her name for the first six months? The girl who kept falling out of chairs, and having seizures on the floor? Or when she finally did speak, you couldn't understand her because whenever she would open her mouth she would cry? It's not like that anymore! I was that girl but AA has changed my life in so many ways that I can't even count.

Who'd a thought that this girl who was so terrified coming through the door, afraid of anyone who had said hi, is now someone full of life, love, laughter, service, and recovery? For me, it was so important to find a sponsor and get started working on the steps. It took a little bit of time, but through the program and lots of women helping me every step of the way, I'm starting to live again. I just completed my first year of college in the Addictions Study field, with high hopes and dreams for the future. However, none of this would be happening today if it wasn't for the program of AA.

Today I am actively going to meetings twice a day. Here locally, and out of town. AA has even taken place on my vacations. I also have a service position with my home group. I try to help another alcoholic whenever I can. Thank you for twelve stepping me, and I look forward to coming back.

*Megan V.*

## **Volunteers Needed for Gratitude Banquet**

Please contact Rod R., Claire S., or Michael R.

Meeting; October 17<sup>th</sup> 6:00pm St. Lukes

## **ACTIVITIES COMMITTEE--A GREAT WAY TO GET INVOLVED**

About a year ago, being relatively new to Sequim, I decided that service work would be good for me, as it always has been in my sobriety. So, I joined the District 55 Activities Committee.

My job a year ago was heading the committee that decorated the stage for the Gratitude Banquet venue. Most of my service work in AA has been meaningful, challenging, sometimes funny, sometimes heartbreaking, and always an opportunity to work with outstanding people. Decorating the stage was no exception. I found myself at local nurseries, asking to borrow trees, flowers and shrubs and THEY WERE HAPPY TO DO IT!. FOR FREE! One of our members donated gourds, corn stalks and pumpkins galore from her Pumpkin Patch business. I had great help from a fellow who owned a truck and helped me load the items I mentioned above and deliver them to the Boys and Girls Club. Two other wonderful women set up and decorated a beautiful Thanksgiving Tree. Several members set up the stage itself and the sound system and helped hang a gorgeous banner (handmade by another member), and fall-themed pictures and wreaths I had made. Yet another talented member created a stunning runner for the podium (she and her Main Hall Decorations Committee sewed matching fabric centerpiece mats). Then there were the angels that cheerfully dismantled it all. AND THAT WAS JUST THE STAGE AREA!!!

There are many Gratitude Banquet Committees that need help again this year: Main Hall Decorations, Stage Decorations, Building Entryway Decorations, Greeters, Setup/Cleanup, Raffle/Prize Runners. If you feel the call to service in this way, please come to the next District 55 Activities Committee meeting at 6:00 p.m. on October 17th , 2017, in the St. Luke's Parish Hall (please park in back). Please go to [district55aa.com](http://district55aa.com) for details. You won't be sorry.

*Claire S., activities Co-Chair*

## **Misconceptions of the Big Book**

Resting on your laurels does not mean sitting on your behind doing nothing. It means do not rest on your past victories.

Driven by a hundred forms of fear. Most people don't pay attention to the word "driven". Substitute the word "motivated" for a better understanding.

Sober is not just the absence of alcohol. It is clarity of mind, so to self-medicate with mind or mood altering substances is not sober.

*Dana C., DCM alternate*

**Thank you for the opportunity to serve District 55 – Julie P., Newsletter editor**