

District 55 Newsletter

4th Quarter, 2021
read online: district55aa.com

[PI/CPC: What it is, what it does, what it doesn't do...](#)

Hi this is your PI/CPC or better known as Public Information/Cooperation with the Professional Community chair in District 55.

Members of CPC inform professional and future professionals about A.A ---what we are, where we are, what we can do, and what we cannot do. We attempt to establish better communication between A.A.s and professionals, and to find simple, effective ways of cooperating without affiliating.

Since taking on this position I have been able to reach out to the medical community and provide information and schedules. I am hoping to get something started at the hospital that would be similar to 12 step work. If this happens I will be looking for members to get on a list who are willing to be on call and available. I will keep the District informed.

Public Information means carrying the message of recovery to the still-suffering alcoholic by informing the general public about the A.A. program. We carry the message by getting in touch with the media, schools, industry and other organization.

I was able to send some PSA's (Public Service announcements) to our local radio station and have been listening in the hopes of hearing one. I was also able to get some pamphlets and schedules into the library and am hoping to contact churches and attorney's offices to leave more information.

This is a great opportunity for me to get out into our community and see how I can be helpful in carrying the message of A.A. I am grateful for the willingness and ability to serve.

Yours in Service,
Brenda C.
District 55 PI/CPC Chair

INFORMATION FOR PROFESSIONALS

Professionals who work with alcoholics share a common purpose with Alcoholics Anonymous: to help the alcoholic stop drinking and lead a healthy, productive life. We can serve as a source of personal experience with alcoholism as an ongoing support system for recovering alcoholics.

RESOURCES FOR PROFESSIONALS

Alcoholics Anonymous has many A.A. members and service committees who are available to provide professionals with information about Alcoholics Anonymous. A.A. has a long history of cooperating but not affiliating with outside organizations and being available to provide A.A. meetings or information about A.A. upon request. A.A. communicates with professionals such as: doctors or other health care professionals, members of the clergy, law enforcement or court officials, educators, social workers, alcoholism counselors, therapists, or others who deal with problem drinkers in the course of their work.

For more information on PI/CPC, including resources and a newsletter specifically written for professionals, visit: www.aa.org

*A Note of Thanks and a
Request for Continued Cooperation.*

**Anonymity Letter to Media from the
General Service Office of Alcoholics Anonymous**

From time to time we reach out to our friends in the media to thank them for helping us observe our long-standing tradition of anonymity for members of Alcoholics Anonymous.

First, we'd like to express our thanks. From the beginning of A.A. over 85 years ago, we've recognized that word-of-mouth is not enough to carry the A.A. program's message of hope and recovery to the many people still suffering from alcoholism. We've needed help – and the media has been a vital part of this effort. Today we estimate that there are more than 2 million successfully recovering members of Alcoholics Anonymous in more than 180 countries, and much of this growth can be attributed to the willingness of journalists and media professionals around the world to take an interest in our Fellowship.

Second, we invite your ongoing cooperation in maintaining the anonymity of A.A. members. The principle of anonymity is at the core of our Fellowship. Those who are reluctant to seek our help often overcome their fear if they are confident that their anonymity will be respected. In addition, and perhaps less understood, our tradition of anonymity acts as a healthy guardrail for A.A. members, reminding us that we are a program of principles, not personalities, and that no individual A.A. member acts as a spokesperson of our Fellowship. If an A.A. member is identified in the media, we ask that you please use first names only (e.g., Sofia M. or Ben T.) and that you not use images in which members' faces may be recognized. This helps to provide members with the security that anonymity can bring.

Again, we thank you for your continued cooperation -- in helping to carry our message to those in need of it and for helping keep the focus on the principles of Alcoholics Anonymous rather than any personalities.

If you would like to know more about A.A. you are welcome to visit the "[Press/Media](#)" section of [aa.org](#). We hope you will take a moment to watch a [brief video](#) on [why anonymity remains a vital principle in Alcoholics Anonymous](#). Our Fellowship does not comment on matters of public controversy, but we are happy to provide information about [A.A.](#) to anyone who seeks it.

Sincerely,

Public Information Committee of Alcoholics Anonymous

When using digital media, A.A. members are responsible for their own anonymity and that of others. When we post, text, or blog, we should assume that we are publishing at the public level. When we break our anonymity in these forums, we may inadvertently break the anonymity of others.

--pg. 5 "Understanding Anonymity" AA pamphlet

Anonymity Letter to the
Media: "A Gift Each
Member Makes to the
Fellowship"

Each year since the practice began in 1949, the trustees' Public Information Committee has sent its annual Anonymity Letter to the Media. The simple letter both thanks our friends in the media — journalists, radio, television and online editors and producers — for the support they have always afforded Alcoholics Anonymous with respect to protecting the anonymity of A.A. members at the public level and asks for their continued cooperation.

District 55 Activities Committee has been busy! Here's what's up...

Activities for District 55 is still going strong with the help of our amazing AA community! The Halloween party at the Little Brown Church on October 23rd was a success, many costumes, delicious S'mores, a plethora of food, and camaraderie made the event memorable for members and their families.

The Outside 6ft. group held a Thanksgiving dinner and meeting which was well attended by about 40 people so District 55 held off on hosting an event. The dinner was held at 138 W. Washington St., Outside 6ft's usual meeting location.

A Christmas/Holiday dinner will be held at the American Legion on Christmas Day, Saturday, December 25th. The dinner, with ham and refreshments provided, will start at 4pm. There are two surprise guest speakers that will each speak for about 30 minutes, starting at 5pm. There will be a meeting afterwards around 6:30pm, family and friends are invited to share if they would like to. This year there will be a giving tree located at the American Legion. Names will be on the tree for those who could benefit. Many people want to donate or buy gifts for people but don't have loved ones close by. This will be a good opportunity to benefit people who want to gift and give. 'Tis the season!

The New Year's Alcathon is ready to see the New Year in! **The Alcathon will start at 6pm at the American Legion Hall and the first meeting will start at 7pm.** This is a potluck with refreshments provided. There will be meetings all night and into the New Year every hour and a half. The Alcathon ends at 6:30am on New Year's Day, just in time for Early Birds to take over. *Activities could use as many volunteers as will show up, many hands make light work and good conversation.*

The District 55 Activities Committee meets every month at 6pm at the American Legion on the 3rd Tuesday of the month just before the regular district meeting. Anyone wanting to help or participate in planning is invited to show up. Remember it doesn't do any good to complain sitting from your couch!

Thanks to all the volunteers and help at every event, it is a pleasure to be a part of this community.

In Love and Service,
Melissa L. and John P.

Activities needs you! Come ring in 2022 with your sober friends!

The Alcathon begins at 6pm on New Year's Eve and will continue all night long until Early Birds begins at 7am!

District 55
Christmas/Holiday Dinner

American Legion Hall - Sequim
Christmas Day / Saturday 12/25 @ 4pm
Dinner and Refreshments Provided
Two SURPRISE guest speakers, starting @ 5pm
Meeting follows @ 6:30 pm



**'Tis the season
for giving!**

Keep your eye out for the GIVING
TREE at the American Legion
Hall. If you are interested in
donating, please contact Melissa
L or John P. for more
information!