

Save the Date!!!

March 12

Treatment Committee Workshop

10:00am - 11:00am - Fellowship

11:00am - 1:00pm - Workshops

7th Tradition observed.

Hosted by Districts 12 and 19

First Covenant Church

4502 Rucker Ave, Everett

April 1-2

WWA72 Area Committee Quarterly

Church of the Good Shepherd

1601 North St SE, Olympia

April 16

Treatment Committee Quarterly

9:00 am - 10:00 am - Fellowship

10:00 am - 2:00 pm - Quarterly

Please bring a breakfast item to share.

7th Tradition observed.

Highlands Community Church

3031 NE 10th St, Renton

● New Beginner Meeting - Groovin' Sunday Afternoon

Sun, 1pm – 2pm

Four Square Church, 9090 Old
Olympic Highway, Sequim

Big Book® **Bonfire, Potluck,** **& Coffee** **Saturday, March 26** **4:00 - 7:00**

Share your favorite sentence or phrase from the Big Book®.

7400 Old Olympic Highway
near Dungeness Bridge

BYOC – Bring Your Own Chair!

Email questions to *Rhonda*
55activities@olypen.com

DISTRICT 55 BUSINESS MEETING - SEQUIM

EVERY THIRD SUNDAY

AT **5:00 pm** AT

ST. LUKE'S BASEMENT ON 5TH AVENUE

DISTRICT 55 ACTIVITIES COMMITTEE - SEQUIM

MEETS EVERY THIRD SUNDAY

AT **4:00 PM** AT

ST. LUKE'S BASEMENT ON 5TH AVENUE

DISTRICT 55/22 COMBINED CORRECTIONS COMMITTEE

MEETS EVERY SECOND SUNDAY
AT **4:00 pm** AT
711 EAST SECOND ST, PORT ANGELES
MEN ARE ESPECIALLY NEEDED!!

DISTRICT 55 NEWS

Read online at: district55aa.com

March 2016

PRAASA 2016

PACIFIC REGION A.A. SERVICE ASSEMBLY®

March 4 - 6

Spokane Convention Center

Hosted by Area 92

The purpose of PRAASA is to develop greater unity among members, groups and areas of the Pacific Region, encourage the exchange of ideas and experiences, and provide an opportunity for members to discuss pertinent aspects of AA. The Assembly and the PRAASA committee foster the Recovery, Unity and Service legacies.

PRAASA is an experience in AA, and in service, not to be missed. The weekend is packed with panels, presentations, round table discussions, open mike sharing, speakers, and fellowship. This intense sharing is focused on how all of us can better carry the AA message to the still suffering alcoholic. The Washington State East Area is looking forward to hosting members from throughout the Pacific Region and Western Canada in celebration of AA Unity, Recovery and most of all Service.

more information at praasa.org

<><><><> All AAs Welcome!!! <><><><>

AREA 72 PENINSULA PRE-CONFERENCE

March 19 - Meet Our Delegate- Darren F

At 508 S Francis in Port Angeles before he goes to NYC!!

Hosted by Districts 10, 22, 43, 55 and 56

Each of AA's three Legacies of Recovery, Unity and Service is grounded upon a foundation of spiritual principles. Each Step, Tradition and Concept is, of itself, a guide or instruction of personal conduct.

Step Three - Made a decision to turn our will and our lives over to the care of God as we understood Him.

With this action, **we begin** our journey on the "road of happy destiny," and **set into motion** our "adventures after." **We have begun** to act our way into **right thinking**. Results are **no longer** our business. Step Three instructions begin after the ABCs at the end of "How It Works" on page 60, **AA®**

Tradition Three – Long Form

"Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. **Any two or three alcoholics** gathered together **for sobriety** may call themselves an **A.A. group**, provided that, as a group, they have no other affiliation."

The Difference Between "Open" and "Closed" A.A. Meetings

The purpose of all A.A. group meetings is for A.A. members to "share" their experience, strength and hope **with each other** that they may solve their common problem **and help others** to recover from alcoholism." Toward this end, A.A. groups have both open and closed meetings.

Closed meetings are for A.A. members only, or for those who have a drinking problem **and** "have a desire to stop drinking."

Open meetings are available to **anyone** interested in Alcoholics Anonymous' program of recovery from alcoholism. **Non-alcoholics may attend open meetings as observers.**

--- Reprinted from P-16 - *The A.A. Group...Where It All Begins*, p. 11, with permission of A.A. World Services, Inc.

Concept Three - To insure effective leadership, we should endow each element of A.A. - the Conference, the General Service Board and its service corporations, staffs, committees, and executives - with a traditional "Right of Decision."

The **Third Concept of Service** calls upon us to **serve by acting on our conscience** through our "Right of Decision." **We trust others** when they exercise their 'Right of Decision.'

Applying the Third Concept, and "Right of Decision," leads us to the following questions:

1. **Am I acting** in any area of my life that is **contrary to my own conscience?**
2. **Am I mistrustful** of the decisions **of others** in authority over me?
3. **Am I demanding** that anyone else **act contrary to their conscience?**

Excerpts from Pacific Regional Trustee's Report of the January/February 2016 - General Service Board Weekend

I made it to a neighborhood AA meeting today after the General Service Board, GSB, meeting, and before heading to the airport. The **highlight of that meeting** was sitting next to a guy who is "**counting days**" (as they say in New York of **anyone under 90 days**), and who shared in a way that made it clear to me that **he has hope**, in spite of **tremendous fear of the unknowns** in this path of sobriety that he's on. **How well I identify with that feeling**, as it was **how I felt in early sobriety**. **Maybe**, some of the **things we did** this weekend, and the things that **the Conference** will do in a few months, **will help him** along the way.

Conference Treatment/Special Needs/Accessibilities committee asked us to consider moving away from the use of the term "**special needs**" to focus instead on ways to overcome barriers to **access**, and much of what we're working on stems from that shift.

I think **we made some significant progress in inclusion and equality** with respect to delegate chair participation, **progress that had already begun last year**. I'm afraid there were also **hitches and hiccups**.

With the **completion of all major construction in the co-location project**, all Grapevine and La Vina staff moved onto the 11th floor of 475 Riverside Drive about two weeks ago. There is a set of **file drawers that contains copies of every Grapevine issue** going back to the beginning, and I couldn't resist finding the **May, 1989**, issue (the **month that I got sober**). On the cover of this issue in giant letters is the phrase, "**We Can Look the World in the Eye**." I teared up when I saw it; as many of you know **my drinking was filled with loneliness, isolation, and fear**, and the **ability to look the world in the eye** is one of the great blessings of sobriety for me.

Two-hundred fifty-four audio stories have been contributed, so far, to the **GV Audio Project**, and **we're looking for help** from the delegates to **stimulate more submissions**. Be sure to **share about** this with the Fellowship, and **encourage your local Grapevine committees** to look for opportunities to **put on hands-on workshops where members can record and submit their stories**. An excellent **model** comes from **ICYPAA**. A **story-submission workshop was part of the ICYPAA conference program**.

The [GSB] **code of conduct** document is intended to **provide guidance** to the board members for **carrying out our responsibilities and relating to each other**, to some extent a **response to problems** that have occurred in the **past**. As I have mentioned, the **current board is very harmonious**. Some current members lived through a **more turbulent time**, they note that the best time to create standards for **responding to problems on the board is when things are good**.

I'm looking forward to being with all of you in March at PRAASA. Then it's on to the **Conference**. At the end of this year's Conference, I'll be halfway through my term as your regional trustee. **I truly am amazed**.

- Joel C., Pacific regional trustee, AA Grapevine director